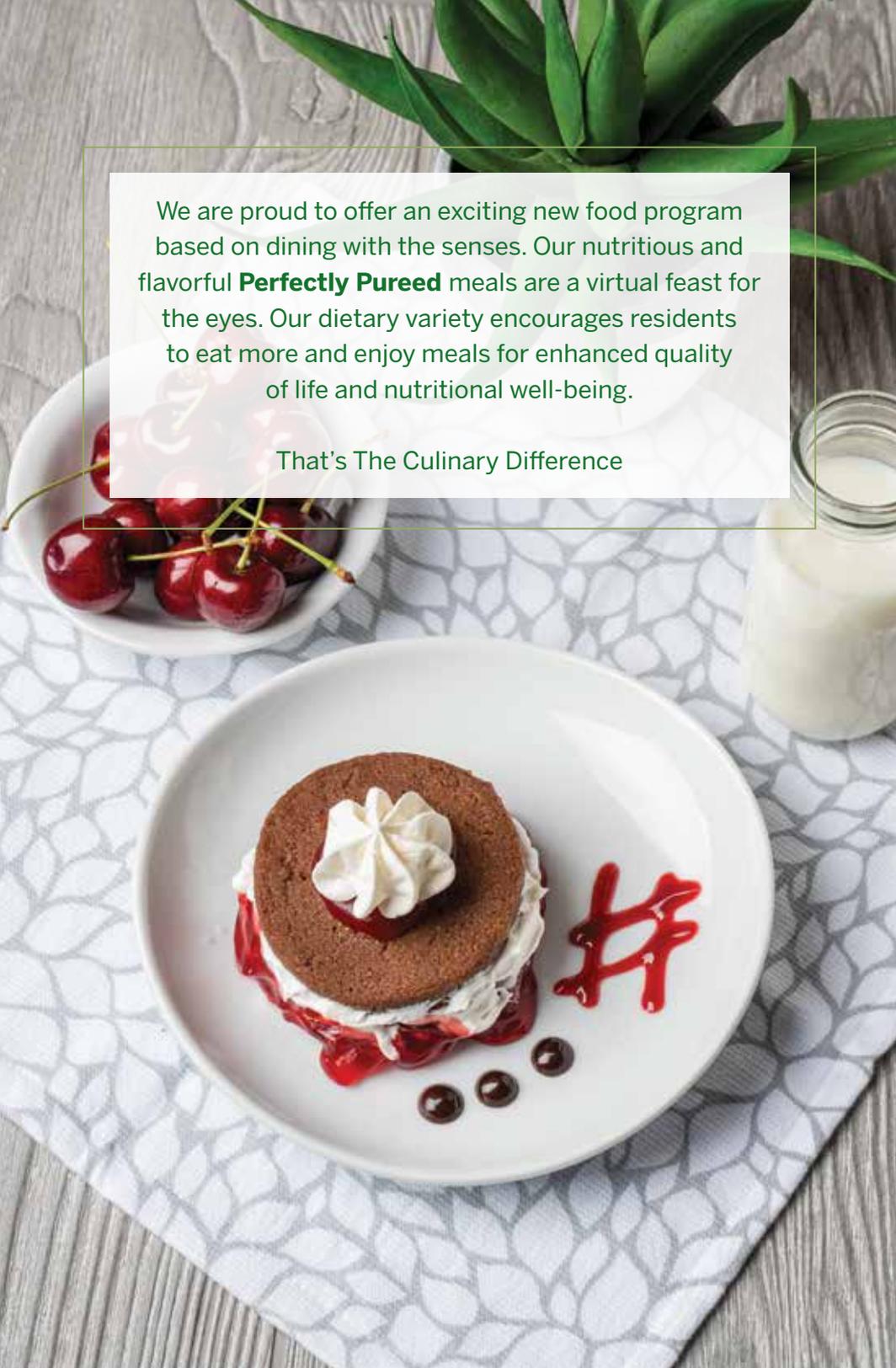


perfectly pureed

Healthy and delicious, sensory-appealing
meal creations



CAREONE
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We are proud to offer an exciting new food program based on dining with the senses. Our nutritious and flavorful **Perfectly Pureed** meals are a virtual feast for the eyes. Our dietary variety encourages residents to eat more and enjoy meals for enhanced quality of life and nutritional well-being.

That's The Culinary Difference

A pureed diet consists of common foods, prepared for meals, which are blended until smooth.

Medical conditions, such as dysphagia (difficulty swallowing), may require this type of diet in order to lessen the pain and difficulty associated with swallowing foods that have not been altered.

We recognize that, while some people may require a pureed diet, the taste and visual appeal can make the dining experience much more enjoyable. We believe that eating should bring joy and satisfaction!

A common clinical struggle that residents with dysphagia experience is malnutrition. Instead of residents in healthcare communities having to depend on supplements to meet calorie needs, Perfectly Pureed provides our residents with:



Meals from a variety of **scratch-cookery** menu items from all food groups to meet residents' nutritional needs



Meals that are created to be **attractive** and provide appropriate calories

A CareOne resident favorite, our sugar-glazed cinnamon buns are a true homemade comfort food.



Food should be experienced and enjoyed by
eyes, nose and taste buds.



Our goal is to ensure that our residents don't have to sacrifice flavor and taste due to medical conditions. From savory to sweet, our culinary teams focus on creating innovative, great tasting dishes full of flavor and color to enhance the overall experience.



Our culinary teams are dedicated to providing healthy and nutritious meals using only the highest quality ingredients. The attention to detail that goes into our Perfectly Pureed program allows all of our residents to maintain control of their food choices. Our talented staff strives to provide a pleasurable dining experience that adds to the overall health and well-being of each and every resident.

Note: Non-puree props were used only to highlight ingredients.

We are a New Jersey-based national health care management company comprised of leading clinical and operational professionals who have extensive experience in short-stay rehabilitation and senior living options.

Through a collaborative and consultative approach, we strive to provide a framework of strength and stability to the centers we serve.

We strive to achieve the highest standards of care and service for our residents, families and valued employees.

Backed by our 50 years of experience in health care services, our mission is to continue to define excellence in the nursing, rehabilitation and senior living industry.

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